



## SEPTEMBER 2018 SUPPORT GROUPS- SUFFOLK COUNTY



**Save the Date**  
**Long Island Optimism Walk**  
 September 22, 2018  
 Marjorie Post Park

9-1pm  
**To Register:**  
<https://apdaparkinson.donordrive.com/index.cfm?fuseaction=donorDrive.event&eventID=896>  
 or call: 917-829-1027

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24	25	26	27	28	29

**Loud & Lyrical**  
 Therapeutic Chorus for People with Parkinson's Disease  
 and their Care Partners, too  
 Will meet every third Tuesday of the month immediately following PD Support Group  
Next Class is Date: September 18, 2018  
 1:00pm to 2:00 pm  
 Wisdom Conference Center  
 St Charles Hospital  
 200 Belle Terre Road  
 Port Jefferson, NY  
 (Located in Back of Hospital near Hospice Center)



Participation is free!  
 Space is Limited- Call to register:  
 631-862-3560

**September 4<sup>th</sup> -Southampton Support Group-** Southampton Hospital Parrish Hall Corner of Herrick and Lewis Street Behind Southampton Hospital Emergency Room 1:00-3:00 pm

**September 11<sup>th</sup> -Young Onset Support Group-** St. Catherine of Siena Wellness Center 500 Commack Road, Commack NY 7:00-8:30pm  
**RSVP by September 7<sup>th</sup> at 631-862-3560** (Concierge Desk will direct you to meeting place.)

**September 14<sup>th</sup>- Melville Support Group -**Brandywine Senior Living Independent Living Bldg 2<sup>nd</sup> Floor, 70 Pinelawn Road, Melville, NY 1:00- 2:30 pm **Please RSVP by September 12<sup>th</sup> by calling APDA at 631-862-3560.**

**September 18<sup>th</sup>-Port Jefferson Support Group-** St. Charles Hospital Wisdom Conference Center (Located in Back of Hospital by Hospice Center) 12:00-1:00 pm.

***\*FOR SEPTEMBER THIS GROUP WILL BE LOCATED AT WISDOM CONFERENCE CENTER AT ST CHARLES HOSPITAL. THE SUPPORT GROUP WILL BE IMMEDIATELY FOLLOWED BY LOUD AND LYRICAL SINGING GROUP AT 1:00 PM.***

**September 19<sup>th</sup>-Riverhead Support Group-** Peconic Bay Medical Center 2<sup>nd</sup> Floor Conference Room. 1:00-3:00pm

**September 21<sup>st</sup>-Patchogue Support Group-** Sunrise Senior Living, 320 Patchogue Holbrook Road Holbrook\_NY\_1:00 -3:00 pm.  
**Please RSVP by September 18<sup>th</sup>.** Jaclyn Havlicek, M.S. CCC/SLP “Being Loud and Clear with PD.”

**September 26<sup>th</sup> -Smithtown Support Group-** Sunrise Assisted Living 30 Route 111 Smithtown, NY 2<sup>nd</sup> Floor Activity Room 1:00 – 2:30pm Ann Marie Miller, RD “Staying Healthy with Good Nutrition with PD.” **Please RSVP by September 24<sup>th</sup> at 631-862- 3560.**

**September 27<sup>th</sup>- West Islip Support Group-** West Islip Library, 3 Higbie Lane, West Islip 1:00-3:00 pm, Marilyn Gormley, Esq. “Medicaid & Preparing For the Future.”

American Parkinson Disease Association, Information and Referral Center  
 St. Catherine of Siena Wellness Center, 500 Commack Road, Commack NY 11725 (631-862-3560) <http://www.liapda.org>