



**AMERICAN
PARKINSON DISEASE
ASSOCIATION**

Strength in optimism. Hope in progress.

OCTOBER 2018 SUPPORT GROUPS- SUFFOLK COUNTY

Thank you to all that supported the APDA Optimism Walkathon on September 22, 2018 !



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Loud & Lyrical Therapeutic Chorus for People with

Parkinson's Disease

and their Care Partners, too

Will meet every third Tuesday of the month immediately following PD Support Group

Next Class is Date: October 16, 2018

1:00pm to 2:00 pm

Wisdom Conference Center

St Charles Hospital

200 Belle Terre Road

Port Jefferson, NY

(Located in Back of Hospital near Hospice Center)



Participation is free!

Space is Limited- Call to register:

631-862-3560

October 2nd -Southampton Support Group- Southampton Hospital Parrish Hall Corner of Herrick and Lewis Street Behind Southampton Hospital Emergency Room 1:00-3:00 pm

October 9th -Young Onset Support Group- St. Catherine of Siena Wellness Center 500 Commack Road, Commack NY 7:00-8:30pm
RSVP by October 5th at 631-862-3560 (Concierge Desk will direct you to meeting place.) Kim Wolf, RD “Eating Well with Parkinson Disease.”

October 12th- Melville Support Group -Brandywine Senior Living Independent Living Bldg 2nd Floor, 70 Pinelawn Road, Melville, NY 1:00- 2:30 pm **Please RSVP by October 10thby calling APDA at 631-862-3560.**

October 16th-Port Jefferson Support Group- St. Charles Hospital Wisdom Conference Center (Located in Back of Hospital by Hospice Center) 12:00-1:00 pm. David Kreitzman MD “Non Motor Symptoms of Parkinson Disease.”

***FOR OCTOBER THIS GROUP WILL BE LOCATED AT WISDOM CONFERENCE CENTER AT ST CHARLES HOSPITAL. THE SUPPORT GROUP WILL BE IMMEDIATELY FOLLOWED BY LOUD AND LYRICAL SINGING GROUP AT 1:00 PM.**

October 17th-Riverhead Support Group- Peconic Bay Medical Center 2nd Floor Conference Room. 1:00-3:00pm

***October 18th- West Islip Support Group-** West Islip Library, 3 Higbie Lane, West Islip 1:00-3:00 pm

*Please note the West Islip Support Group date has changed for the October Meeting only.

October 19th-Patchogue Support Group- Sunrise Senior Living, 320 Patchogue Holbrook Road Holbrook, NY 1:00 -3:00 pm.

Please RSVP by October 17th.

October 24th -Smithtown Support Group- Sunrise Senior Living 30 Route 111 Smithtown, NY 2nd Floor Activity Room

1:00 – 2:30pm **Please RSVP by October 22nd at 631-862- 3560.** Cherie Bellissimo, PT “Improving Balance with Parkinson Disease.”

American Parkinson Disease Association, Information and Referral Center

St. Catherine of Siena Wellness Center, 500 Commack Road, Commack NY 11725 (631-862-3560) <http://www.liapda.org>