

Loud & Lyrical

Therapeutic Chorus for People with Parkinson's Disease

and their Care Partners, too Will meet the third Tuesday of the month

immediately following PD Support Group

Next Classes are: November 20th and December 18, 2018

There is no Singing Class for the month of January

1:00pm to 2:00 pm Wisdom Conference Center

St Charles Hospital 200 Belle Terre Road Port Jefferson, NY

(Located in Back of Hospital near Hospice Center)

Space is Limited-Email to register at: climbmusictherapy@gmail.com

or call 631-835-2007



**THERE ARE NO SUPPORT
GROUPS FOR JANUARY
2019**

November and December 2018 Suffolk County Support Group Meetings

November 2018

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



December 2018

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

November 6 -Southampton Support Group-Parrish Hall Corner of Lewis Street and Herrick Road, Tara DelColle OTR , "Strategies to Improve Daily Function". 1:00-3:00 pm

November 9 -Melville Support Group- Brandywine Independent Living 70 Pinelawn Road, Melville 1:00-2:30pm RSVP by 11/8/18 at 631-862-3560

November 13-CommackYoung Onset Support Group- St Catherine of Siena Wellness Center, Suite D500 Commack Road Commack Call 631-862-3560 for instructions to enter bldg. and to RSVP by 11/12/18 7:00-8:30 pm

***November 15 -West Islip Support Group** West Islip Library, 3 Higbie Lane * Meets 3rd Thursday for November. Nancy Rogacki, PhD Sr. Medical Liaison, Lundbeck. "Understanding Neurogenic Orthostatic Hypotension(NOH)" 1:00-3:00 pm

November 16-Holbrook Support Group- Sunrise Senior Living, 320 Patchogue Holbrook Road, Holbrook Marilyn Gormley, Esq. "Preparing for the Future" RSVP by November 14th at 631-862-3560. 1:00-3:00 pm

November 20 - Port Jefferson Support Group- St Charles Hospital Wisdom Conference Center(In back of Hospital by Hospice). Denise Passarelli,,Retired Senior Volunteer Program of Suffolk County.(RSVP) "Staying Involved in the Community". 12:00-1:00pm

Immediately following is Loud and Lyrical Singing Group at 1:00 pm

November 26th- Smithtown Support Group - Sunrise Senior Living 30 Rt. 111 Smithtown RSVP at 631-862-3560 by 11/23/18 Susan Thomas PT, DPT "Benefits of Rock Steady Boxing". 1:00 -2:30 pm
NO SUPPORT GROUP IN RIVERHEAD FOR NOVEMBER

December 11- CommackYoung Onset Support- St Catherine of Siena Wellness Center 500 Commack Road Commack Call 631-862-3560 for instructions to enter bldg. and to RSVP by 12/10/18. 7:00 -8:30 pm

December 14 -Melville Support Group- Brandywine Independent Living 70 Pinelawn Road, Melville 1:00-2:30pm RSVP 631-862-3560 by 12/12/18

December 18- Port Jefferson Support Group- St Charles Hospital Wisdom Conference Center(In back of Hospital by Hospice)12:00-1:00pm
Immediately following is Loud and Lyrical Singing Group at 1:00 pm

***December 20-West Islip Support Group** West Islip Library 3 Higbie Lane 1:00-3:00 pm * Meets 3rd Thursday for December

December 21 -Holbrook Support Group- Sunrise Senior Living, 320 Patchogue Holbrook Road, Holbrook NY RSVP by December 19th at 631-862-3560 1:00-3:00 pm

NO SUPPORT GROUPS FOR SOUTHAMPTON, RIVERHEAD AND SMITHTOWN FOR DECEMBER

**IN CASE OF INCLEMENT WEATHER,
CALL INFORMATION & REFERRAL CENTER 631-862-3560
ONE HOUR PRIOR TO A MEETING FOR
CANCELLATION NOTICE**