

AMERICAN PARKINSON DISEASE ASSOCIATION

Information & Referral Center
c/o NYIT College of Osteopathic Medicine
P.O. Box 8000 – Northern Blvd. Old
Westbury, NY 11568
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516-686-1002 www.liapda.org



In case of inclement weather on support group meeting dates, call 516-686-1002 for cancellation notice.

Walk With Us!

Optimism Walks are part of a nationwide movement to mobilize and inspire people to step up and help put an end to Parkinson's disease.

<http://www.apdaparkinson.org/optimism-walks/>

**NASSAU COUNTY
PARKINSON'S SUPPORT
GROUP MEETINGS
FOR PATIENTS & CAREGIVERS**

NYITCOM OLD WESTBURY Support Group - **Friday January 19th**
2:00 PM Riland Building - Northern Blvd., Old Westbury, NY

FLORAL PARK Support Group - **Monday January 15th (CHANGED)**
Amanda Speziale – Recreational Therapy and Parkinson's disease
1:00 PM - North Shore Towers, 272-40 Grand Central Pkwy., Floral Park, NY
Tower 3 – Coleridge Room

ROCKVILLE CENTRE Support Group - Thursday **December 7th (CHANGED)**
Marie Campanella – Tai Chi and Parkinson's disease
1:00 PM Mercy Medical Center, 1000 N. Village Avenue
Rockville Centre, NY (Mercy Board Room)

PLEASE NOTE:

Parkinson's Disease Spotlight Webinar Series

Visit APDA online to gain access to a special series of educational programs that provide insight into the treatment & management of PD symptoms and quality of life. These programs are archived to offer the option of listening at your convenience.

<http://www.apdaparkinson.org/webinar/>

Join the APDA email list

Each quarter, you'll receive our e-newsletter, filled with important information, advances in research, and inspirational stories about Parkinson's disease. You'll also receive APDA's quarterly "Healthy Living Tips," with exciting new ways to help **Ease the Burden – Find the Cure** for anyone living with Parkinson's and for all those who are caring for a loved one with Parkinson's.

<http://action.apdaparkinson.org/p/salsa/web/common/public/signup>