

AMERICAN PARKINSON DISEASE ASSOCIATION  
Information & Referral Center  
c/o NYIT College of Osteopathic Medicine  
P.O. Box 8000 – Northern Blvd.  
Old Westbury, NY 11568  
Sim Basta MHS, PA Coordinator  
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[www.liapda.org](http://www.liapda.org)



**2018 Long Island Optimism Walk**  
**Saturday, September 22, 2018**  
**Marjorie R. Post Community Park**  
**Unqua and Merrick Roads**  
**Massapequa, NY 11758**

**Check-in: 9:00 am**

**Walk Begins: 10:00 am**

**NASSAU COUNTY**  
**PARKINSON'S SUPPORT**  
**GROUP MEETINGS**  
**FOR PATIENTS & CAREGIVERS**

Optimism Walks are part of a nationwide movement to mobilize and inspire people to step up and help put an end to Parkinson's disease.

<http://www.apdaparkinson.org/optimism-walks/>

**NYITCOM OLD WESTBURY** Support Group - **Friday Sept 14<sup>th</sup>**  
**2:00 PM** Riland Building - Northern Blvd., Old Westbury, NY

**FLORAL PARK** Support Group - **Monday Sept 24<sup>th</sup>**  
**1:00 PM** - North Shore Towers, 272-40 Grand Central Pkwy., Floral Park, NY  
Tower 3 – Coleridge Room

**ROCKVILLE CENTRE** Support Group **Thursday October 25<sup>th</sup>**  
**1:30 PM** Mercy Medical Center, 1000 N. Village Avenue  
Rockville Centre, NY (CIJ Board Room)

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**PLEASE NOTE:**

**Parkinson's Disease Spotlight Webinar Series**

Visit APDA online to gain access to a special series of educational programs that provide insight into the treatment & management of PD symptoms and quality of life. These programs are archived to offer the option of listening at your convenience.

<http://www.apdaparkinson.org/webinar/>

**Join the APDA email list**

Each quarter, you'll receive an e-newsletter, filled with important information, advances in research, and inspirational stories about Parkinson's disease. You'll also receive APDA's quarterly "Healthy Living Tips," with exciting new ways to help *Ease the Burden – Find the Cure* for anyone living with Parkinson's and for all those who are caring for a loved one with Parkinson's.

<http://action.apdaparkinson.org/p/salsa/web/common/public/signup>